# PEOPLE'S TRUST RURAL DEELOPMENT PROJECT

# **PROJECT PROFILE**;

•	PROJECT AREA	18 VILLAGES
•	TOTAL NO OF FAMILIES	2,800
•	TOTAL POPULATION	14,000
•	BIG FARMERS	261 FAMILIES
•	SMALL FARMERS	576 FAMILIES
•	MARGINAL FARMERS	253 FAMILIES
•	LANDLESS	1,128 FAMILIES
•	AGRICULTURAL LABOURERS	1,976
•	0 TO 5 YEARS CHILDREN	962
•	6 TO 15 YEARS CHILDREN	2,567
•	TOTAL ENROLLED CHILDREN	860
•	TOTAL SPONSORED CHILDREN	532

# **Health & Sanitation Programs**

- 1. Dispensary services for the community.
- 2. Referral services for higher treatment.
- 3. Regular special camps for Dental, Eye screening and operation for implantation of IOL (Intra Ocular Lens), Family planning, cancer detection, ENT etc.,
- 4. Health and Hygiene education for the Community.
- 5. Reproductive Child Health care services (antenatal care, intra-natal care, postnatal care, adolescent problems, guardian issues, child health, family welfare, reproductive tract infection).
- 6. School Health education and Health check-up for children.
- 7. Immunisation, ANC check up, TT for pregnant mothers.
- 8. Awareness about AIDS, Adolescent problem, Breast feeding, First Aid, ORT, ARI, Ill effect of using Tobacco, Alcohol etc.,
- 9. Training for Local Dais (mid-wives) for conducting safe home deliveries.
- 10. De-worming, Vitamin A, Pulse-polio for children.
- 11. Child Guidance Centre for child behavioral problems (Bio-psycho social scholastic intervention).
- 12. T.B. treatment through DOTs.
- 13. Rational Drug Therapy (dispensing of generic drugs).
- 14. Blood donation camps by community youth.
- 15. Providing safe sanitary disposal facilities.
- 16. Co-ordination with Govt. Agencies for providing potable drinking water for the community.

## **Supporting Agencies:**

- 1. Local PHC
- 2. District Health & Family planning Dept.
- 3. R.V. Dental College
- 4. Narayana Nethralaya
- 5. Kidwai Memorial Institute of Oncology
- 6. Voluntary Health Association of Karnataka
- 7. National Institute of Public Co-operation & Child Development (NIPCCD)
- 8. Red Cross Blood Bank
- 9. St. John's Ambulance Association of India
- 10. Locost- Baroda, Comprehensive Medical Services
- 11. Gram Panchayat Taluk and Zilla Panchayat

# **Impact of the programs:**

- 1. Infecticious diseases reduced among children.
- 2. Immunization coverage 100%
- 3. TT coverage for mothers 100%
- 4. ORT knowledge in the family 100%
- 5. ARI knowledge in the family 100%
- 6. Family planning acceptance 98%
- 7. MMR 0
- 8. IMR 0
- 9. 100% safe drinking water in the community.
- 10. 86% of CCF families are covered under sanitation.

# **Nutrition Programs:**

- 1. Providing supplementary nutrition food for children and pregnant & lactating mothers.
- 2. Maintenance of Growth Monitoring Card for 0 to 6 years children.
- 3. Providing special supplementary nutrition food for II and III degree malnourished children.
- 4. Training of mothers in preparation of low cost nutrition food by utilizing locally available food materials.
- 5. Training of mothers in fruits and vegetable preservation.
- 6. Promoting kitchen gardens at school level.
- 7. Training of mothers in milk by-product preparations and bakery items.
- 8. Organizing of Baby-shows for 6 months to 6 years children.
- 9. Involving community in nutrition program to supply food grains / vegetables during times of scarcity.
- 10. Regular health check-up for malnourished children & mothers.

# **Supporting Agencies:**

- 1. Food and Nutrition Board, Govt. of India
- 2. Baptist Hospital, Bangalore
- 3. ICDS Bangalore North
- 4. Agro-Corn, Govt. of Karnataka
- 5. Extension Division of Agricultural University
- 6. Village Community

- Malnutrition among 0 to 6 years children drastically reduced: 43 % to 9.3%
- Acceptance of Nutrition food by Pregnant and lactating mothers
- Awareness among Mothers about importance of nutrition food enhanced tremendously.

# **Environment Program:**

- 1. Rising of tree and plant saplings and distributing them through Community, Youth and children on Environment Day.
- 2. Creating awareness about importance of creating and preserving good environment (water, land, air Etc.,) in the community and at schools through Film shows and lectures.
- 3. Promotion of Smokeless chulas
- 4. Co-ordinating with Range Forest Dept. for the procurement of tree saplings
- 5. Organizing shramadan at community level for cleaning of drainages, roads.etc
- 6. Promotion of Vermiculture earth worm manure
- 7. Promotion of usage of energy efficient /conservation devices: Gobar gas, Solar lanterns, Solar water heating and also use of smokeless Chula etc.
- 8. Rat control program
- 9. Promotion of medicinal plants in the community
- 10. Enhancement of living conditions by improving home environment through supply of glass tiles for better ventilation; replacement of windows

# **Supporting Agencies:**

- 1. Range Forest Dept.
- 2. District Rural Energy Conservation Cell
- 3. Agricultural College Extension Dept.
- 4. Taluk and Zilla Panchayat

- 1. Awareness of the importance of improving the environment in the community increased.
- 2. 60,000 tree saplings developed in the community.
- 3. Community co-operation for cleaning of drainages and maintenance of hygiene.

# **Early Child Care Development**

- 1. Understanding the stages of child development is important
  - a. Pre-natal development (conception to birth).
  - b. Neonatal (Birth to 2 week) Biological to trio-psychological.
  - c. Infancy (2 weeks to 2 years) transition from relative function to psychosocial control.
  - d. Early childhood (2 to 6 years) Pre-school period, Gains control over environment, Social Adjustment, learns to talk, learns words, eats solid food, develops conscience.
  - 1. Established 23 Pre-school Centers for promoting formal Pre-school Education for 2 to 6 years children.
  - 2. Provided indoors and out door play equipments to enable and facilitate child to improve child's physical and mental development.
  - 3. Adopting comprehensive thematic approach to teach children for language learning, physical, mental, social and psychological development.
- 4. Periodic evaluation of child growth through evaluation method.
- 5. Expose children for Social/cultural gathering and environmental awareness.
- 6. Providing nutrition food and monitoring of nutritional status regularly and providing special supplementary nutrition food for II and III degree malnourished children.
- 7. Protect children from 6 killers' diseases through immunization.
- 8. Support slow learners through child guidance program in order to improve their learning skills.
- 9. Create awareness to mothers about various aspects of ECCD through Mother's Club.

## **Supporting Agencies:**

- 1. CCF India
- 2. ICDS Bangalore North
- 3. Karnataka State Council for Child Welfare
- 4. Central Food and Nutrition Board
- 5. NIPCCD
- 6. Local PHC
- 7. Promise Foundation

- 1. All children under 2 to 6 years are brought under formal Pre-school education for over all child development.
- 2. Pre-school programme helped all the children enter into basic education at 6 years of age.
- 3. Pre-school education helped child in the comprehensive and overall growth and development in the physical, mental social and psychological aspects.

# **Basic Education Program:**

- 1. Educational inputs like notebooks, textbooks uniform for the children.
- 2. Providing of teaching aids, science equipments and sports materials.
- 3. Support for Yoga, music, craft, drawing and sports and cultural activities.
- 4. Orientation for teachers on school administration, teaching methods and subjects like science and maths.
- 5. Science models making and participation in Science Exhibition
- 6. Organise character building camps
- 7. Vocational guidance and career guidance for the children
- 8. Summer camps for children to improve creativity to learn skills and enhance talents
- 9. Special examinations in Drawing, Hindi, First Aid, Basic computer, Typing etc.,
- 10. Promotion of socially useful productive work
- 11. Establishing children Library at community level
- 12. Special facilities like Carrier Guidance Centre, Rural Science Resource Centre, Adventure Club to participate in Nature and water sports
- 13. Special coaching for slow learners
- 14. Educational support for children under difficult circumstances in the form of food materials, bus pass, books, uniforms etc.,

#### **Co-ordination Agencies:**

- 1. CCF
- 2. Karnataka Hindi Prachar Samithi
- 3. Karnataka Secondary Education Board
- 4. Karnataka State Science Forum
- 5. Bangalore University
- 6. Indian Space Research Organization
- 7. Nehru Planetarium
- 8. Rastrothana Sahithya Parishath

- Drop out rate reduced from 35% to 5%
- SSLC pass percentage increased from 15% to 85%
- Enrollment of Girl child increased to 100%
- Number of children passing at distinction at Secondary school level increased
- Percentage of children going for higher studies after SSLC increased.
- Moral and cultural values being retained and preserved.

# **Sports and cultural program:**

- 1. Development of school playgrounds and supply of sports materials/equipments.
- 2. Coaching camps in Sports and Games, culture, gymnastics and band troop.
- 3. Organizing of children's sports meet and encouragement them to participate in District, State and National level sports competitions.
- 4. Organising of special coaching camps for sports for talented students.
- 5. Celebrating state and national level festivals at Project Centre and encouragement for cultural activities.
- 6. Promoting Adventure and Nature study camps like rock climbing, trekking, water and aero sports Etc.,
- 7. Organising of special camps like Residential Moral Rejuvenation etc. during school holidays.
- 8. Promoting human value among children through drama, cultural programs etc.,
- 9. Leadership training for children through children's clubs.
- 10. Activities regarding Fire safety, First Aid, Traffic Rules, Basic Electricity, Ecology preservation, Re-cycling waste etc.,

## **Supporting Agencies:**

- 1. Department of Public Instruction
- 2. District Sports and Youth services
- 3. Gen. Thimmaiah National Adventure Academy
- 4. Kannada Arts and Cultural Dept.
- 5. Indian Mountaineering Federation
- 6. Sports Authority of India
- 7. State Fire Services Department
- 8. Traffic Police Rules and Regulation Unit

- 59 children have participated in National level sports competitions.
- Sponsored Girl child winner of Gold medal at National Rock Climbing Competition held in New Delhi.
- 484 children participated at state level sports competitions.
- State level winners represented National level.
- 2,117 children participated in District level sports competitions.
- 4,089 children participated in Block level competitions.
- Special sports coaching camps for 5,212 children.
- Nature camps covered for 4,729 children.
- Adventure camps for 8,793 children.
- Leadership training for 640 children.

# MICRO ENTERPRISE DEVELOPMENT PROGRAMS

# **Agriculture and Horticulture Development Programs**

- 1. Assistance to small and marginal farmers in the form of High Yield seeds and fertilizers.
- 2. Assistance to farmers with Horticulture inputs like vegetable seeds, fertilizers and pesticides etc.,
- 3. Promotion of water shed program, Soaking Pits and bunds, for percolation to improve underground water table and rainwater harvesting.
- 4. Soil testing of farmers land and bring awareness to improve soil fertility.
- 5. Distribution of Fruit and other commercial plants to the beneficiaries to improve their economic conditions.
- 6. Training the farmers on compost manure and promotion and use of earthworm Vericompost for preparation of natural manure.
- 7. Training the farmers in various Scientific methods of Agriculture practices.
- 8. Promotion of kitchen gardening.
- 9. Training the farmers in Rabbit rearing, Piggery, etc.,
- 10. Promotion of crop Insurance for farmers.
- 11. Sericulture training for the farmers.
- 12. Awareness among students on Agriculture and horticulture through demonstration crops.

# **Supporting Organisations:**

- 1. Extension Dept. of Agricultural University
- 2. Agriculture Development Dept. Hebbal
- 3. University of Agriculture
- 4. Apiculture Dept.
- 5. Farmers Training Dept. Hebbal
- 6. Rat control program- University of Agriculture

## **Impact of the program:**

- 1. Increase in the yield per acre from 6 Quintals to 9 Quintals among small and marginal farmers.
- 2. Awareness among the farmers in multiple cropping systems.
- 3. Adoption of new types of crops replacing traditional crops.
- 4. Awareness about selection of seeds according to the weather and rain condition.
- 5. Awareness of crop rotation.
- 6. Awareness of scientific storage of grains.

# **IN COME GENERATION PROGRAMME**

- 1. Assisting landless and poor families to take up non-agricultural activities.
- 2. Promoting Tradition skills by supplying improved tools for better production.
- 3. Assistance and support for generating self-employment.
- 4. Ensuring employment throughout the year.

# **SUPPORTING AGENCIES:**

- 1. MED Project Programmes
- 2. Kalpatharu Grameeena Bank
- 3. SHGs of Project area

# **Youth Development Programmes:**

- 10. Promotion of Youth Associations in the Project area
- 2. Leadership training for village youths
- 4. Encourage youths to participate in sports, adventure and cultural competitions to evince participation in community development.
- 5. Involve youth in shramadana and awareness about social evils, environmental issues etc.,
- 6. Encourage the youth to take up skill training; Typing, Tailoring, Special dress making, motor rewinding, Home Appliance repair, Electrification, Photography, Basic Computer for self employment and help youth to get jobs under job placement.
- 7. Assist youth associations to make use of Govt. programs for youth through Youth Service Dept.
- 8. Involve youths in adult literacy, teaching slow learners, involvement in community library.
- 9. Create awareness about AIDS, First Aid, Adolescent problem, social evils / habit like consuming tobacco, alcohol etc.,

## **Supporting Organisations:**

- 1. District Youth Service and Sports Dept.
- 2. Kannada & Cultural Dept.
- 3. Nehru Yuva Kendra Govt. of India
- 4. Dept. of Music & Drama Govt. of
- 5. RUDSET
- 6. A.D. Pai- Rural Development Project
- 7. Canara Bank Computer Training Centre
- 8. Kalpatharu Grameena Bank

- 21 youth clubs are registered in the Project area
- Trained total of 2,206 youths in various skills
- 31% of youth are self employed
- 48% of youth are working in the factory, offices etc.,
- 25% youth are unemployed

# **Animal Husbandry:**

- 1. Dairy training for the 18 adopted village women for clean milking.
- 2. Awareness regarding keeping of animal sheds and environment clean.
- 3. Importance of calf care.
- 4. Cultivation of different types of green fodder grass as a feed for the animals and its usefulness etc.,
- 5. Usage of mineral contained feed for the animals.
- 6. Awareness about mixed feed for the animals.
- 7. Film shows on breeding of cows.
- 8. Awareness training for prevention of Common diseases in high breed animals and vaccination for the animal.
- 9. Value addition of excess milk yield for preparing milk by- products.
- 10. Sheep and Poultry Training and rearing.

# **Supporting Agencies:**

- 1. National Dairy Research Institute (NDRI)
- 2. Live Stock Heritage Trust of India
- 3. Central Poultry Development Organisation
- 4. Institute of Animal Health and Veterinary Biological

## Impact of the program:

- Increase in the milk yield.
- Infertility cases reduced.
- Diseases reduced due to vaccination.
- Awareness about green fodder and different types of feed for the animal.
- Better knowledge of Animal Nutrition resulting in higher fertility rate.

# **Women's Development Program:**

- 1. Promotion of Women's Associations / Mahila Mandals.
- 2. Organising various competitions for the women.
- 3. Celebration of International Women's Day.
- 4. Assistance to Socially disabled ladies.
- 5. Animal Husbandry training for women (Dairy, Poultry).
- 6. Skill promotion training in Tailoring, Knitting Embroidery, Agarbathi making, Candle making etc.,
- 7. Family health care education (Health, Nutrition services etc.,).
- 8. Promotion of SHGs and Federation for improving Women's Socio Economic status.
- 9. Promotion of Literacy among women.

## **Supporting Agencies:**

- 1. Central Poultry Institute
- 2. Child & Women Development Dept.
- 3. Food & Nutrition Board- Govt of India
- 4. Agrl. University Extension Division
- 5. Women Polytechnic Govt. of Karnataka
- 6. ICDS Govt. of Karnataka
- 7. National Dairy Research Institute
- 8. Kalpatharu Grameena Bank, NABARD

#### **Outcome:**

- Women are better organized at the Community level.
- Awareness increased in health, nutrition and hygiene.
- Literacy rate of women improved 72%.
- Socio-economic conditions have greatly improved through SHGs Formed 174 SHGs with monthly savings amounting to Rs.1, 46,140. Total turnover of SHGs is 2.88.20.861.00.
- Women are coming forward to take up skill trainings and are self-employed.

# **Self-Help Groups Promotion:**

1	Total number of SHGs	
1	(Male – 28 and Female – 146)	174
2	Total members	
	(Male- 382 and Female – 2144)	2,526
3	Total savings	
3	(Monthly savings Rs.1, 46,140.00)	Rs 58,15,706.00
4	Total interest	Rs 51,10,387.00
5	Revolving Fund from the Govt.	Rs 4,65,000.00
6	Total Subsidy received	
U	Under SGSY program	Rs 24,25,000.00
7	Loan from Bank	
/	(Kalpatharu Grameeena Bank)	Rs. 1,50,04,768.0
8	Total Turn over	Rs 2,88,20,861.00

## Financial utilization pattern of SHGs funds:

1	Dairy activities	17.20%
2	Sheep/Goat/poultry	16.08%
3	Agriculture activities	45.32%
4	Petty business	15.40%
5	Domestic purpose	5.40%

- Many SHG members have come out from the clutches of Money Lenders.
- Empowerment of Women taken place leading to wealth creation in the family.
- Landless SHG members have taken up self employment like dairying, sheep rearing, Micro poultry and petty business etc.,
- Some of the SHG members improved their home environment by repairing and remodeling of their houses.
- Nearly 94% of the SHG members have taken loans to invest in Income Generation activities.
- All SHG now involved in community welfare activities like school activities, feeding
  of children, contribution for mass marriages, celebration of National festivals,
  conducting sports competitions etc.,
- Bank loans repayment between 70 to 80%.

# VILLAGE DEVELOPMENT COMMITTIES & CENTRAL <u>DEVELOPMENT COMMITTEES</u>

## **ROLE OF VDC & CDC**

- 1. Selection of eligible beneficiaries for program like Income Generation, House Repairs, Sanitation, Agriculture etc., in the respective VDC meeting.
- 2. CDC and VCD members take active part in the school development activities by becoming the members of SDMCs.
- 3. VDC and CDC members take part in social welfare and relief works like arranging of Mass Marriages, Physical participation through Shramadanas by the cleaning of Village roads.
- 4. In preparation of Project Budgets members contribute their experience, discuss issues and problems in detail, identify root causes and solution, finalise matters after selecting priorities and take decisions and give advice.
- 5. VDC and CDC members take active part in identification and eradication of social evils effecting their community and youth like consumption of tobacco, alcohol, gambling ..etc. by conducting awareness program.

# **SUPPORTING AGENCIES**;

- 1. Gram Panchayat
- 2. Zilla Panchayat
- 3. Taluk Panchayat
- 4. Govt. Depts.
- 5. Local Sponsors
- 6. Cooperative Societies
- 7. Self Help Groups
- 8. Various local Institutions

#### IMPACT:

- VDC and CDC members together discuss and plan programs and actively take part in the implementation programs and development works in community.
- Committee members help to bring Govt. and other programs for the use of the community
- VDC and CDC members have become Panchayat members and it has helped to bring Govt. programs to the community.
- For any development works, members and leaders come together for the benefit of the community and take constructive decisions even though they belongs to different groups and have different opinions.
- VDC and CDC members have improved their Organising skill and leadership qualities and are active in politics
- Community members participate in improvement of education quality in the community
- Community have become more socially responsible in arranging free mass marriages
- Increased rapport, coordination, communication and cooperation among the community

# <u>PEOPLE'S TRUST RURAL DEVELOPMENT PROJECT</u> ACCOMPLISHMENT REPORT 1985 – 2004

# **1.HEALTH & SANITATION**

•	Out patients treated	- 1	,13, 857
•	Higher treatment given	_	1,860
•	Treatment for Dog bites	_	1,865
•	Eye operation	-	928
•	Cancer patients treated	-	58
•	Dai training	-	143
•	Family planning LTO	_	1,507

#### **MAJOR ACHIEVEMENTS**

- IMR Reduced from 103(1985) to 0 (2004)
- MMR Maintained zero since 1985
- Immunisation 55% (1985) to 100%(2004)
- ORT knowledge in the family -60% to 100%
- ART knowledge in the family 48% to 100%
- Family planning acceptance 45% to 96%
- TT coverage among 18 to 35 age group 100%
- Viral infection reduced among children
- Sanitation 87%

# 2. NUTRITION

- Malnutrition children (0 to 6 years) brought down from 45% to 9.3%
- Pregnant & lactating mothers are accepting Nutrition food.
- Mothers are aware of importance of nutrition food for children and women

# 3. EARLY CHILDHOOD DEVELOPMENT

- Established 22 Pre-school Centers and all the children in the age of 2 to 6 are brought under formal education.
- Awareness created among mothers about early childcare.

# 4. BASIC EDUCATION

- Drop outs reduced from 35% to 5% (2004)
- SSLC pass percentage increased from 15% to 75% in 2004
- Extra curricular activities like Yoga, Music, Craft, cultural activities, sports, value education and adventure sports are extended for children for over all development.
- 484 children participated in state level competitions
- 59 children participated in National level competitions.

#### 5. MICRO – ENTERPRISES DEVELOPMENT

- Assistance to improve additional income among small & landless families.
- a) Sheep & Goat 1840 families
- b) Hybrid cows 134 families
- c) Petty shop 300 families
- d) Artisan 68 families

# **MAJOR ACHIEVEMENTS**

- Agricultural support for small and marginal farmers 330 families
- Fruit plants & coconut saplings 13,845
- 2,206 youths trained in various skills
- 44% youths are employed, 31% are taken up self employment
- 1,500 women trained in dairy and poultry activities
- 184 SHG formed with 2,476 members
- Total turnover of SHGs-2,26,94,083.00 (Savings, Govt. Subsidy & Bank loans)

# **FINANCE UTILIZATION PATTERN IN SHG**

- a) Dairy activities 17.20%
- b) Sheep, goat & poultry 16.08%
- c) Agricultural activities -45.32%
- d) Petty business 15.40%
- e) Domestic purpose 5.40%

# DOMESTIC ANIMALS POPULATION INCREASE

- a) Hybrid cows 1,661 (total milk yield per day 4,421 Liter)
- b) Sheep & goat -2,964
- c) Poultry birds -8,314.